

# Increasing Access to Care

Georgians should have access to quality health care services when and where they need it. With community partnerships and expanded health initiatives, we continued working toward providing holistic care to every corner and community in the state.



## Mental Health Clinic for Moms Goes Mobile

Mental health disorders account for 23% of preventable maternal deaths. That's why working to address mental health concerns for Georgia moms is critical in addressing maternal health overall. As part of the Wellness on Wheels (WOW) initiative, CareSource introduced a new mobile mental health unit that brings services from a psychiatric nurse to new and expecting moms in communities with limited access.

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## Expanding Mental Health Care to Those in Need

Women's and maternal mortality are rising in Georgia. That's why CareSource partnered with LunaJoy Health, an innovative women's mental health technology platform, to deliver effective and convenient care from a team of perinatal mental health experts through telehealth to high-risk mothers across the state.

"Our unique solution, combined with **CareSource's forward-thinking approach and facilitation, will undoubtedly make a lasting impact** on the well-being of high-risk mothers."

- Dr. Sipra Laddha  
Chief Executive Office  
LunaJoy Health

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# Innovative Programs

## Making an Impact

We know that the needs of Georgia communities can change from year to year, and that the needs aren't exclusive to physical health. This is why CareSource has continued developing innovative programs alongside experts in the digital space to help make an impact in under-resourced communities.

## Making Mental Health Care More Accessible to Teenagers

One in eight Georgia teens suffers from depression, and suicide is the second leading cause of death. Access to mental health care can make all the difference. This year, CareSource partnered with BeMe, a digital behavioral health company, to provide health content, self-guided activities and assessments and real-time, one-on-one coaching. This partnership extended clinical services and crisis support directly to teens' mobile devices, making it more easily accessible when needed most.

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